

Transportation from Arlanda Airport to Stockholm

Currency exchange: Divide Swedish Crowns (SEK) through 10 and you will get the approximate amount in Euro!

When you arrive at Arlanda Airport, you will have two different options to travel to Stockholm City:



1) Arlanda Express (train):

The train is the fastest way to get to Stockholm; it takes just 20 minutes to Stockholm Central station. You will have to follow the yellow signs to the underground train station.

You can buy tickets at the **yellow** ticket machines that you will find in the arrival hall (or at a counter). You can also buy the tickets in advance on the internet: <http://www.arlandaexpress.com/textpage.aspx?page=71&redcookie=clear>. You will find all prices there, too. For students the price is: 120 SEK for a single trip, 240 for a round trip ticket. **BUT: student tickets can only be bought personally at a counter.** Valid ISIC, CSN-, Mecenat- or Studentkortet is required. Adults (from 26 years) pay 240 SEK for a single trip and 460 for a round trip ticket. The trains usually leave every 15-20 minutes.



2) Flybussarna (shuttle buses):

The buses will leave outside of the arrival hall. Be sure that you take the bus to Stockholm City because there are others going to different places. The trip to Stockholm City will take around 40 minutes. The advantage of the bus is the price. A round trip ticket costs 198 SEK if you buy it on the internet (otherwise it will be more expensive):

<http://www.flybussarna.se/PageFB.aspx?page=5224>

But there are no discounts for students. You will only get a discount if you are under the age of 26.

We recommend that you buy your tickets (no matter which one you choose) in advance on the internet (exception: the student ticket for Arlanda Express).

Transportation from Skavsta Airport to Stockholm

When you arrive at Skavsta Airport (Ryanair), you will have to travel to Stockholm City by (flybussarna) shuttle bus:



The buses leave outside of the airport main entrance (the airport is very small so you won't miss them). The trip to Stockholm City will take about 1,5 hours.

We recommend that you buy the ticket on the internet:

<http://www.flybussarna.se/PageFB.aspx?page=5262>

The price for a round trip ticket is 198 SEK (internet price). There are no student discount prices. It is also possible to buy a ticket directly at the airport but you are likely to have to stand in line.

Transportation in Stockholm via bus and underground/subway ("tunnelbana" or T-bana)

When you arrive at Stockholm City terminal (by shuttle bus) or at the train station (by Arlanda Express), you can buy a ticket for the public transportation to the university or your youth hostel/hotel.

You can buy all kinds of tickets directly at the underground station, in SL-shops or (easiest) at the "pressbyrå" [pronounce: pressbÿ:ro:n/pressbü:ro:n] (this is the one in the City terminal but they are all over the place):



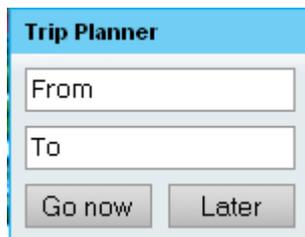
YOU CAN NEVER BUY A TICKET ON A BUS, THOUGH!!! Keep that in mind!

You have following ticket choices:

7-days:	260 SEK
3 days / 72h:	200 SEK
1 day / 24 h:	100 SEK
Ticket strip with 18 units (9 trips):	180 SEK = 22,50 SEK for one trip
Single trip/SMS ticket:	30 SEK

We recommend that you buy a ticket strip with 9 trips unless you plan to travel a lot after the conference (then it might be useful to buy a ticket for 3 or 7 days).

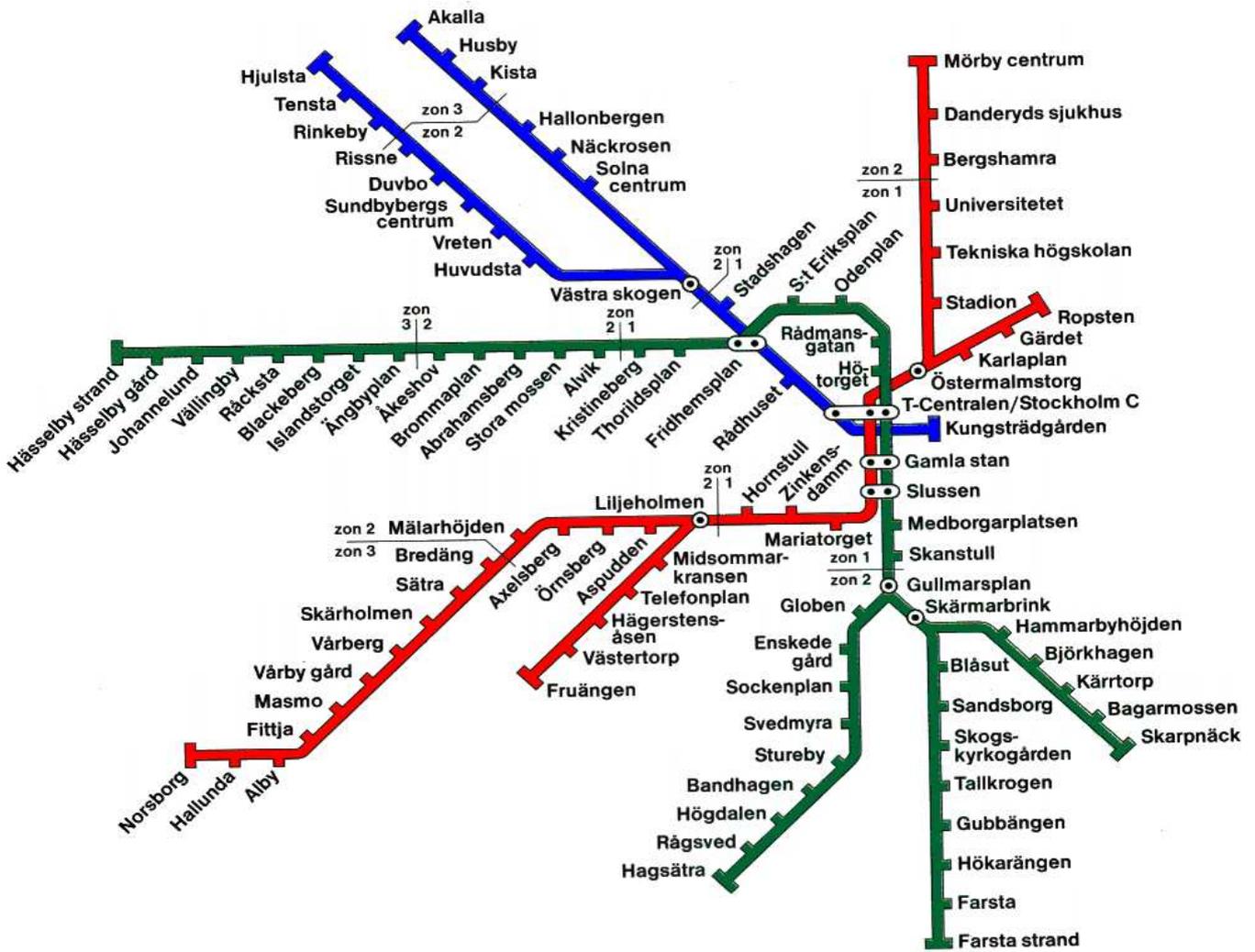
Timetables for the underground and buses



You can always look up a specific time on the internet: <http://sl.se/>

There you will see this box where you can easily fill in your origin and your destination (even street names will work). In the second step you can choose a time and so on.

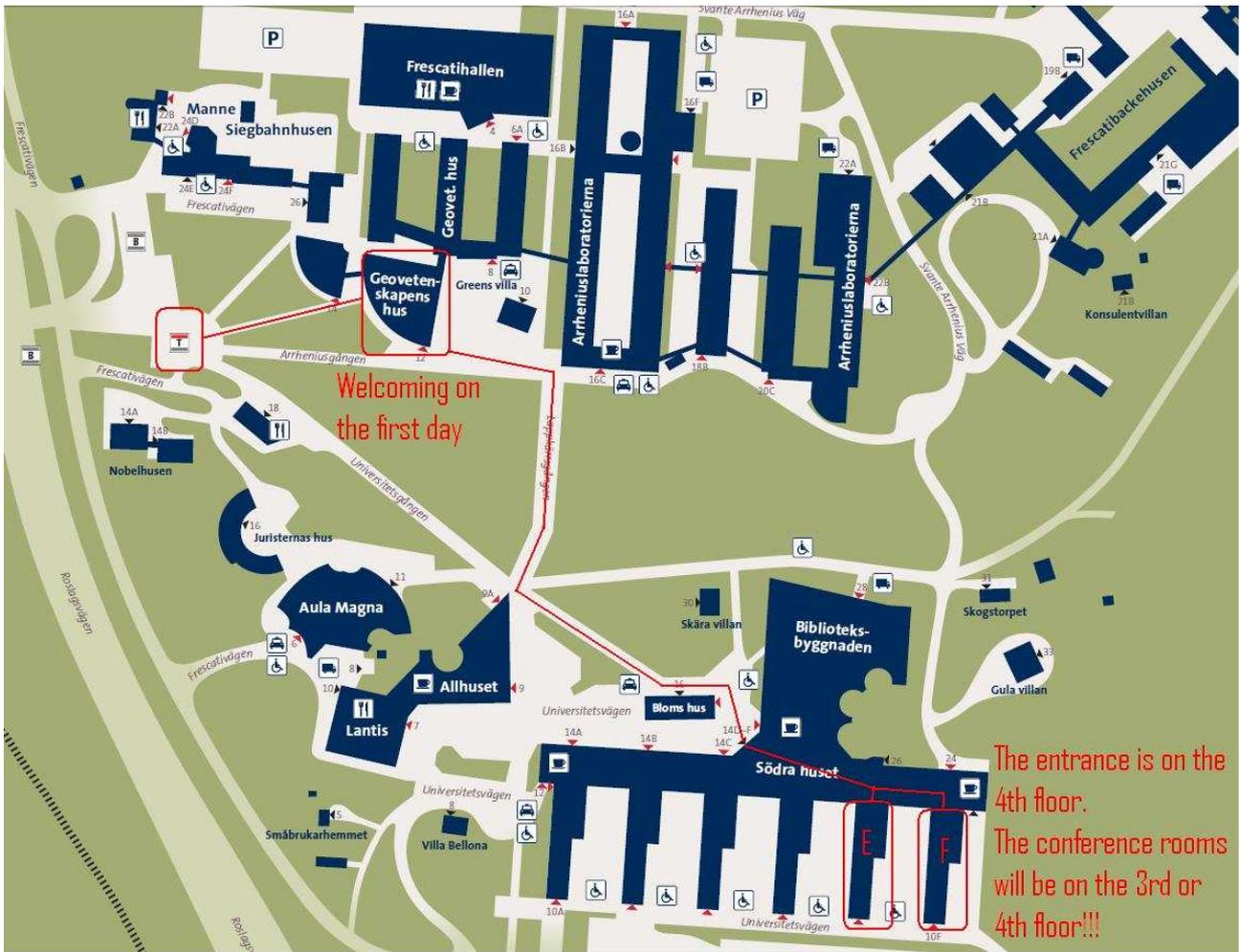
The Underground System (Tunnelbana)



From the station (Stockholm City) to the University

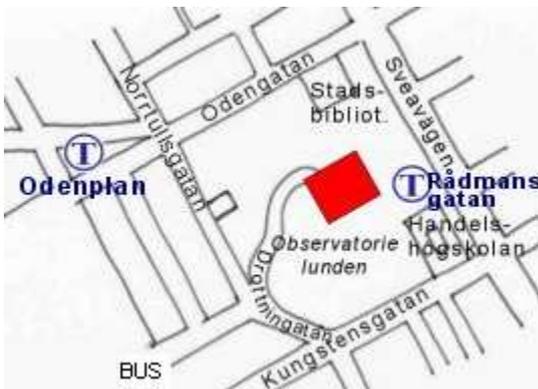
When you get off, follow the direction to the subway/Tunnelbana/T-bana. All subway trains pass or leave from T-centralen. Take the red line subway train with direction **Mörby Centrum** and get off at the stop called **Universitetet** (on the upper right corner on the map above).

When you arrive the map below will guide you to the rooms. The “T” on the left marks the arrival point of the “Tunnelbana” (subway).



The Observatory (on thursday evening)

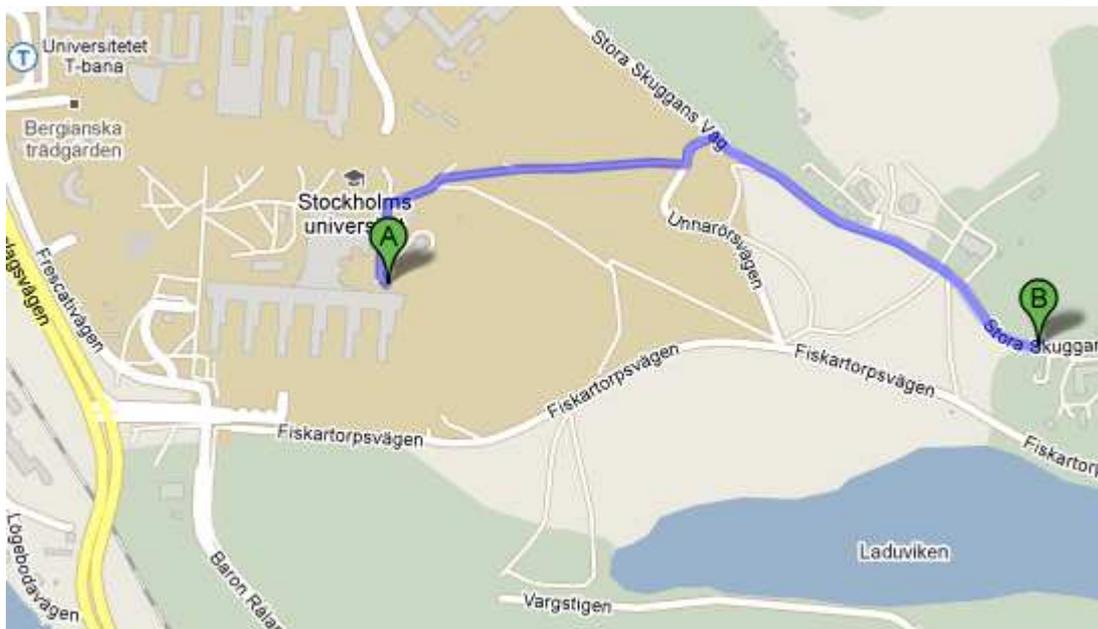
To go from the university to the Observatory museum by bus takes about 15 minutes. The bus stop is located right next to the Metro-station “Universitetet”. Take bus number 40 in direction “Reimersholme” (buses leave at 18.09, 18.19, 18.33 and 18.48) and get off at the bus stop “Observatoriegatan”. Follow the street Observatoriegatan towards Drottninggatan and the hill Observatorielunden. The Observatory museum is situated on the hill.
 (You can also take bus number 70 from “Universitetet”, get off at “Odenplan” and walk from there.)



Address: Observatoriet, Drottninggatan 120, 113 60 Stockholm
<http://www.observatoriet.kva.se/engelska/index.html>

Stora Skuggans Wårdshus (conference dinner on friday evening)

Stora Skuggans Wårdshus is situated within walking distance from the university. Please follow the map below (and your colleagues from Stockholm) to find the restaurant.



Address: Stora Skuggans Wårdshus, Stora Skuggans väg 12, 115 42, Stockholm
<http://gastrogate.com/restaurang/storaskuggan/>

From the University to STF Vandrarhem Fridhemsplan

To get to the Youth Hostel Fridhemsplan you can take the green line in the direction of **Hässelby/Åkeshov/Alvik** from T-centralen. Get off at **Fridhemsplan** station and take the exit marked **Drottningholmsvägen**. Walk down the street called Drottningholmsvägen to your left. The first street you cross is **St: Eriksgatan** and the hotel is located to the right of this street at number 20.



Fridhemsplan Vandrarhem STF
Sankt Eriksgatan 20, 112 39 Stockholm
Phone: +46-8-6538800,
www.fridhemsplan.se

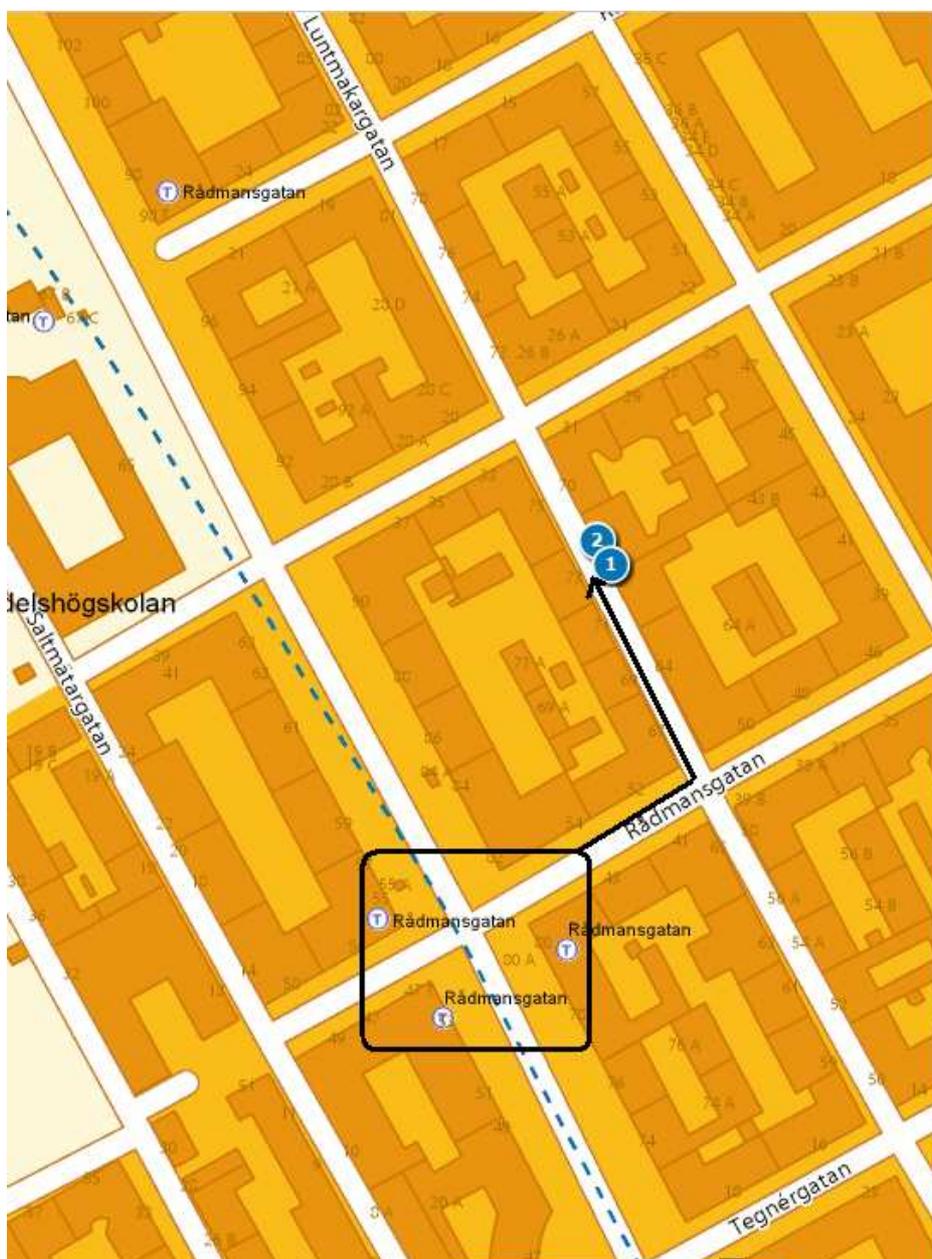
From the station (Stockholm City) to Hotel Hellsten

To get to Hotel Hellsten you can take the green line in the direction of **Hässelby/Åkeshov/Alvik** from T-centralen. Get off at **Rådmansgatan** station and take the exit marked **Tegnergatan**. Walk down the street called Rådmansgatan. The first street you cross is **Luntmakargatan** and the hotel is located on this street at number 68.

Hotel Hellsten

Luntmakargatan 68, 113 51 Stockholm

tel: +46 8 661 86 00, hotel@hellsten.se



For further information about Stockholm see following links

<http://beta.stockholmtown.com/en/>

There you can also get the Stockholm Guide 2009 (PDF) in several languages:

<http://stockholmtown.jetshop.se/Default.aspx>